

# Community Health Priority:

## Behavioral Health

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### Vision

Promote well-being by preventing or intervening in mental illness such as depression or anxiety, along with preventing or intervening in substance abuse or other addictions.

### Goal Statements

- ✓ Increase the public's awareness of the importance of good mental well-being and community services available to support their mental well-being
- ✓ Improve alcohol & other drug abuse and mental health treatment services
- ✓ Further integrate behavioral health within the delivery of health care

### Background

There is a need to increase the public's awareness and understanding how one's behavioral health impacts their overall physical health. Marathon County recognizes the benefit of having a continuum of services and treatment options for mental health, alcohol and other substance abuse, and other addictions (gambling, pornography). There is a realization of the need for collaborative, innovative solutions to explore models of care and service across the continuum of care, settings and lifespan. There is also a need of a common understanding of what is 'behavioral health' for the general public, community organizations and health care providers.

### Data

- The average Marathon County adult experiences 2.3 poor mental health days in the past month
- 12.2% of Marathon County high school students reported seriously considering attempting suicide in the past year
- 29% of Marathon County high school students describe their mental health as not good, 3 days or more in the last month
- 35.6% of 2015 LIFE Survey respondents are satisfied with accessibility of mental healthcare services

### Shared Measurement

Average number of poor mental health days reported by Marathon County in the past 30 days, Baseline: 2014 - 3.3 days, Source: Behavioral Risk Factor Survey System & 2015 County Health Rankings

Percentage of high school students in Marathon County who describe their mental health as not good during the past 30 days as three days or more, Baseline: 2015 - 28.8%, Source: Marathon County Youth Risk Behavior Survey

Percentage of high school students in Marathon County who felt so sad or hopeless almost every day for two or more weeks in a row that they stopped doing some usual activities during the 12 months before the survey, Baseline: To be determined, Source: Marathon County Youth Risk Behavior

Percentage of LIFE Report community survey respondents who reported not seeing a mental health provider when needed, Baseline: 2015 - 8%, Source: 201-2017 LIFE Report