Home Delivered Meals c/o Saint Joseph's Hospital/Ministry Health Care

 Meals delivered for elderly or other home bound residents, including Marathon County residents within Marshfield city limits. Call (715) 387-9585

Mobile Meals – Provides noon meals to the infirm of any age, who are unable to prepare meals for themselves in their homes. Call Mobile Meals at (715) 848-5848.

Marathon County Transportation
Program – North Central Health
Care (NCHC) – NCHC offers a variety of
transportation services for people age 55
and over or who have disabilities. Van service
is available for residents of rural Marathon
County and Volunteer drivers can provide
transportation for those who have no other
form of transportation. Call (715) 848-4555.

Metro Ride Paratransit – Abby Vans – Provides transportation for the disabled by Abby Vans. Call (800) 236-8438.

Specialized Transportation -

Opportunity, Inc. – Transportation provided for people with disabilities and the elderly to access their community. On a "first-come-first-served" basis. Call (715) 842-8700 or (800) 472-4408.

Volunteer Transportation - Faith In Action of Marathon County, Inc –

Transportation to appointments may be available for those whose needs are not currently being met by or who do not qualify for existing services. Call for more information (715) 848-8783.

Blind and Visually Impaired Services

LLC. – Blind and Visually Impaired Services, LLC assists individuals whose lives have been affected by visual impairment or blindness. They offer in-house or home based assessments and training for those with vision loss. Located in Wausau, call (715) 298-0086. Aging & Disability Resource Center (ADRC-CW) Loan Closet-Serves seniors 60+ and adults 18 and over with physical disabilities who are in need of an assistive device because: they would like to try one before purchasing, they have a short term need for the equipment, they need an item not covered my Medicare or Medical Assistance and can not afford to purchase it at this time. Loans are for up to 6 months. Call ADRC-CW at (715) 261-6070.

Good News Project, Inc. Office and Warehouse – Offers "HELP"' - Health
Equipment Lending Program loans hospital
beds, walkers, wheelchairs, commodes,
canes, crutches and other medical equipment
to those in need. Call (715) 843-5985.



Medication Management

Sharps Disposal – The Marathon County Hazardous Waste Collection Facility accepts sharps from the general public at no cost. The Collection Facility is located at 301 Alderson Street in Schofield. The site is open the 2nd & 4th weekend of each month April through October & the 2nd weekend of November & December. Hours are Friday 2:00 till 7:00 & Saturday 9:00 till 2:00.

Home Care Agencies – Falls can be prevented by management of medications. New medications or changes in dosage of medications can cause side effects. Home care agencies have trained nurses and speech therapists that can assist with medication management. A referral to a home care agency can be done by your physician or call ADRC-CW at (715) 261-6070 for assistance.

Marathon County Falls Prevention Resources



Community Action Programs -

Weatherization programs which provide a wide selection of energy and money saving services to low-income households Call (800) 334-6873

Home Care Agencies – If a person has Medicare and is considered homebound, they can be referred to Home Care Agencies for in home physical and occupational therapy. Home safety assessments and recommendations are conducted. Receive a referral from your physician.

Lifeline – Aspirus Wausau Hospital provides the Lifeline program. Whenever you need help, one press of your help button activates a small in-home unit called a communicator. It puts you in touch with a caring Lifeline Monitor who talks to you to find out what kind of help you need. Call (715) 847-2781.

Midstate Independent Living

Consultants, Inc. – Private non-profit agency which provides information, training and support to assist people with disabilities. They offer assistive technology through their loan closet as well as recommendations to available funding for home modification. Call (715) 675-7600 for more information.

Rural Housing – Non-profit agency specializing in rural communities and residents. They help low-income families to obtain adequate, safe and sanitary housing, obtain appropriate water and wastewater services, assist with home repairs and provide grant funding. Call (888) 400-5974 for more information

Senior Home Repair – Aging & Disability Resource Center (ADRC-CW) - Minor repairs to correct safety-related issues for home owners in Marathon County 62 years or older with income under \$25,000. Repairs are free with labor donated by retired carpenters and materials paid for from grant funding. Donations to cover cost of materials are accepted. Call ADRC-CW at (888) 486-9545.

Temporary Ramps – Aging & Disability Resource Center (ADRC-CW) - Portable ramps to assist residences are available. Set up fee is \$25.00, with a rental fee of \$15.00 per month. Six month maximum loan period. Can be set up on any surface and any time of year. Lengths from 6 to 25 feet. Call ADRC-CW at (888) 486-9545.

Tomorrow's Home Foundation – Helping Hand Assistance Program- is designed to assist low-income factory built homeowners (mobile homes) with critical (non cosmetic) home repairs. Two estimates are required with a completed application.

Call (608) 255-3131 for more information.

wistoan – Statewide low interest loan program that allows for purchase of assistive technology or make home modifications for disabled Wisconsin residents. Generally residents, with the ability to repay, can borrow between \$1,000 and \$35,000. Call (877) 463-3778 for more information.

Wisconsin Housing and Economic
Development Authority (WHEDA) – offers
home improvement loans to low and moderate
income Wisconsin homeowners. Features
include: no equity requirement, below-market
interest rates, up to fifteen years to repay,
fixed interest rates, no prepayment penalties.
WHEDA is available from local lenders. Call
(800) 628-4833 for more information.



Falls Prevention Programs – These programs include, Stepping On: Building Confidence and Reducing Falls, Tai Chi, Arthritis Foundation Exercise Program, Growing Stronger and Yoga. Programs are designed to show participants ways to reduce their risk for falling and view falls as controllable. Call the ADRC-CW at (715) 261-6070 for area programs.

Physical and Occupational Therapy -

Fall prevention services and treatment for patients with a history of falls or dizziness. Medicare allows for an initial evaluation from a therapist without a referral. Contact your local physical/occupational therapy clinic for more information.



Aging & Disability Resource Center Home Delivered Meal Program (ADRC-

CW) – Provides nutritious hot meals to adults age 60 and older who are homebound & unable to prepare their own meals. Delivered daily, frozen meals available upon request. Reservations are required by 2 PM one day in advance. Call the ADRC-CW at (715) 261-6070.

Clark County Home Delivered Meals –

This program delivers meals to seniors in the Abbotsford/Colby/Unity areas of Marathon County, who are confined to their homes because of illness, and who have a physician's order. Call (715) 753-5144 or (866) 743-5144.